TALKING WITH YOUR DOCTOR ABOUT KIT+ GIST AND ITS TREATMENT

When you have KIT-positive gastrointestinal stromal tumor (KIT+ GIST), you will likely have many questions and may, at times, feel overwhelmed by all of the information.

Your doctor wants to help. But in many doctor appointments, there’s a lot to cover—and not a lot of time. So it’s important to go in prepared in order to get the most out of each visit. This guide can help. It’s designed to help you prioritize key questions to ask your doctor at each step.

You may want to print out this list and circle your top questions ahead of each visit to help ensure an informed conversation with your doctor.

UNDERSTANDING KIT+ GIST

• What is KIT+ GIST?
• What causes KIT+ GIST?
• What are the symptoms of KIT+ GIST?
• What are the risks associated with having KIT+ GIST?

• What are the tests used to diagnose KIT+ GIST and determine how advanced the disease is?
• What are the different stages of KIT+ GIST—and what do they mean?
• Which stage is my KIT+ GIST in—and what does this mean for my prognosis?
• What else may affect my prognosis?

ABOUT KIT+ GIST TREATMENT AND MONITORING

• Why is surgery usually the first option for treating KIT+ GIST?
• Am I eligible for surgery—and if not, what are my treatment options?
• Can KIT+ GIST return even after successful surgery?
• What are the options for treating KIT+ GIST if it returns after surgery?
• What is adjuvant therapy?
• What is the goal of KIT+ GIST treatment if GIST returns after surgery?
• What are the treatment milestones of KIT+ GIST?
• What tests will you use to monitor my KIT+ GIST?

IMPORTANT INFORMATION

GLEEVEC® (imatinib mesylate) is available only by prescription.

GLEEVEC Indications
• GLEEVEC tablets are indicated for the treatment of patients with KIT (CD117)-positive gastrointestinal stromal tumors (GIST) that cannot be surgically removed and/or have spread to other parts of the body
• GLEEVEC is also approved for use after surgery in adult patients who have had their KIT (CD117)-positive GIST completely removed

IMPORTANT SAFETY INFORMATION

Who should NOT take GLEEVEC
• Women who are or could be pregnant. Harm to the unborn child can occur when administered to a pregnant woman. Therefore, women should not become pregnant and should be advised of the potential risk to the unborn child if GLEEVEC is used during pregnancy. Sexually active females should use effective

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• How often will you monitor my KIT+ GIST?
• What should I expect when going over the results of these tests?
• Is there an FDA-approved generic drug for KIT+ GIST?

CONSIDERING GLEEVEC
• How does GLEEVEC work to treat KIT+ GIST?
• What are the benefits of GLEEVEC?
• What are the results of clinical studies of GLEEVEC in people with KIT+ GIST?
• What does progression-free survival mean?
• What are the possible side effects of GLEEVEC—and how common are these side effects?

TAKING GLEEVEC
• Why have you prescribed GLEEVEC to treat my KIT+ GIST?
• How do I take GLEEVEC?
• How long should I stay on GLEEVEC?
• Why is it important to continue taking GLEEVEC as directed for as long as you prescribe it for me?
• What medicines and foods should I avoid while taking GLEEVEC?
• What should I do if I experience side effects while taking GLEEVEC?
• Are there ways to help address these side effects?
• What happens if I experience side effects that make it difficult to continue taking GLEEVEC?
• What else do I need to know before taking GLEEVEC?
• What else can I do to help manage my KIT+ GIST?

GETTING SUPPORT WHILE TAKING GLEEVEC
• How best can I work with you and the rest of my health care team?
• Can you connect me with a registered dietitian to talk about a dietary plan for managing the symptoms of KIT+ GIST?
• Are there support programs available from the manufacturer of GLEEVEC?
• How can I access the GLEEVEC $10 Co-Pay Card and find out if I am eligible?
• What other resources do you recommend for more support?

IMPORTANT SAFETY INFORMATION (cont’d)

birth control (methods that result in <1% pregnancy rates) while taking GLEEVEC and for 14 days after stopping GLEEVEC. Because of the potential for serious adverse reactions in breastfed infants, do not breastfeed during treatment with GLEEVEC and for 1 month after the last dose. Talk to your doctor right away if you think you are, or might be pregnant.

Warnings and Precautions
• GLEEVEC is often associated with edema (swelling) and serious fluid retention (holding water). It is important that patients be weighed and monitored regularly for signs and symptoms of serious fluid retention or unexpected weight gain. Patients experiencing unexpected, rapid weight gain should speak to their doctor about appropriate supportive care treatment. Studies have shown that edema tended to occur more often among patients who are 65 and older or those taking higher doses of GLEEVEC. If you experience severe fluid retention, your doctor may treat you with diuretics and may stop your GLEEVEC treatment until the fluid retention has been managed. Treatment can be resumed as appropriate, depending on the initial severity of the event.

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THE GLEEVEC PATIENT SUPPORT PROGRAM

What does GLEEVEC Patient Support offer?
The GLEEVEC Patient Support program is designed to be a comprehensive, no-cost addition to your treatment plan. It includes a variety of supportive resources.

Please note that the GLEEVEC Patient Support program does not replace the guidance, advice, or care that you receive from your doctor or primary health care provider.

Financial Support
Looking for ways to help access your medication? Let us help. You may qualify for a $10 co-pay* for a 30-day supply of GLEEVEC. Financial assistance may be available from other sources as well. Call 1-866-GLEEVEC (453-3832) or visit www.GLEEVEC.com to learn more.

Patient Counselors
Have questions about the GLEEVEC Patient Support program? Patient counselors are just a phone call away to answer questions you may have and help you navigate through the various offerings of the support program.

Educational Resources
Do you want to have the option to learn more about GLEEVEC? The GLEEVEC Patient Support program is the only place that provides you with exclusive tools, tips, guides, and a free patient resource kit. Please call 1-866-GLEEVEC (453-3832) or visit www.GLEEVEC.com to learn more, and to register for this free support program.

* Limitations apply. This offer is not valid under Medicare, Medicaid, or any other federal or state program, for cash-paying patients, or for Massachusetts residents. Patient pays first $10 co-pay on a 30-day supply, and the program will pay up to $10,630 per 30-day supply up to an annual max of $30,000. Novartis reserves the right to rescind, revoke, or amend this program without notice. For the most up-to-date terms and conditions, visit Terms and Conditions or call 1-866-GLEEVEC (453-3832).

IMPORTANT SAFETY INFORMATION (cont’d)

- Cytopenias (reduction or lack of certain cell elements in blood circulation) have occurred. Your doctor will test your blood weekly for the first month, biweekly for the second month, and periodically thereafter. In most cases, your doctor will reduce or interrupt your GLEEVEC therapy; in rare cases, if the cytopenia is severe, your doctor may discontinue treatment.
- Congestive heart failure (impaired ability of the heart to pump blood) and left ventricular dysfunction (impaired functioning of the left side of the heart) have been reported, particularly in patients with other health issues and risk factors. Patients with heart disease or risk factors for heart disease or history of renal failure will be monitored and treated for the condition.
- Severe liver problems (hepatotoxicity) may occur. Cases of fatal liver failure and severe liver injury requiring liver transplants have been reported with both short-term and long-term use of GLEEVEC. Your doctor will check your liver function before beginning treatment and continue to monitor liver function as needed.

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• Bleeding may occur. Severe gastrointestinal (GI) bleeding has been reported in patients with KIT+ GIST.

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IMPORTANT SAFETY INFORMATION (cont’d)

GI tumor sites may be the cause of this bleeding. GLEEVEC is sometimes associated with GI irritation.
GI perforation (small holes or tears in the wall of the stomach or intestine), in some cases fatal, has been reported

- In patients with hypereosinophilic syndrome (a condition with increased eosinophils, which are a type of white blood cell) and heart involvement, cases of heart disease have been associated with the initiation of GLEEVEC therapy. Speak to your doctor regarding appropriate supportive care or discontinuing GLEEVEC
- Skin reactions, such as fluid-filled blisters, have been reported with the use of GLEEVEC
- Clinical cases of hypothyroidism (reduction in thyroid hormones) have been reported in patients taking levothyroxine replacement during treatment with GLEEVEC. Your doctor should closely monitor your thyroid hormone levels
- GLEEVEC can cause harm to an unborn child when administered to a pregnant woman. Therefore, women should not become pregnant and should be advised of the potential risk to the unborn child if GLEEVEC is used during pregnancy. Sexually active females should use effective birth control (methods that result in <1% pregnancy rates) while taking GLEEVEC and for 14 days after stopping GLEEVEC. Because of the potential for serious adverse reactions in breastfed infants, do not breastfeed during treatment with GLEEVEC and for 1 month after the last dose. Talk to your doctor right away if you think you are, or might be pregnant
- Growth retardation (slowing of growth) has been reported in children taking GLEEVEC. The long-term effects of extended treatment with GLEEVEC on growth in children are unknown. Growth retardation may be monitored in children receiving treatment
- Cases of tumor lysis syndrome (TLS), which refers to an electrolyte disturbance caused by the breakdown of tumor cells, have been reported and can be life threatening in some instances. The patients at risk for TLS are those who have a higher number of tumor cells and whose tumors are fast growing before beginning therapy. Your doctor should monitor you closely and take appropriate precautions. Correction of clinically significant dehydration and treatment of high uric acid levels are recommended prior to initiation of GLEEVEC
- Motor vehicle accidents involving patients receiving GLEEVEC have been reported. Patients should be advised that they may experience side effects such as dizziness, blurred vision, or drowsiness during treatment with GLEEVEC. Caution is recommended when driving a car or operating machinery

Additional Important Safety Information

The following serious side effects have been reported by patients taking GLEEVEC:

- Severe fluid retention (holding water), which can cause swelling around the eyes or swelling of the lower legs, lungs, and heart; fatal in rare cases
- Increased pressure in the heart or brain; fatal in rare cases
- Low levels of certain blood cells
- Heart failure
- Liver problems
- Hemorrhage (abnormal bleeding)

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- Skin blistering
- Low levels of thyroid hormone

Your doctor will check you closely for any side effects to stop more serious complications from occurring. Patients with heart disease or risk factors for heart failure should also be monitored carefully.

GLEEVEC is sometimes associated with stomach or intestinal irritation. GLEEVEC should be taken with food and a large glass of water to minimize this problem. There have been rare reports, including deaths, of stomach or intestinal perforation (a small hole or tear).

If you are experiencing any of the above-mentioned side effects, please be sure to speak with your doctor immediately.

Common Side Effects of GLEEVEC

Almost all patients with KIT+ GIST treated with GLEEVEC experience side effects at some time. In various studies, a range of 5% to 17% of patients stopped taking GLEEVEC due to side effects. Some common side effects that you may experience include:

- Fluid retention (holding water)
- Muscle cramps or pain and bone pain
- Abdominal pain
- Vomiting
- Diarrhea
- Decreased hemoglobin (decrease in blood cells which carry oxygen)
- Nausea
- Fatigue
- Rash
- Anorexia (loss of appetite)

If you are experiencing any of the above-mentioned side effects, please be sure to speak with your doctor immediately.

The severity of some side effects may be reduced with the help of other medicines and advice from your doctor, while others may require stopping GLEEVEC therapy or changing the dose. However, in some cases, GLEEVEC therapy may need to be discontinued.

Tell your doctor if you have a history of heart disease or risk factors for heart disease or if you experience side effects, including fever, shortness of breath, blood in your stools, jaundice (yellowing of the skin and/or eyes), sudden weight gain, or symptoms of heart failure during therapy with GLEEVEC. After the approval of GLEEVEC, the following adverse events have been reported in patients treated with GLEEVEC: compression of the heart due to increased fluid, swelling of the brain, GI perforation (holes in the stomach or intestine), and sudden lung failure. These events, including some fatalities, may or may not have been drug related.

Take GLEEVEC exactly as prescribed. Do not change your dose or stop taking GLEEVEC unless you are told to do so by your doctor. If you miss a dose, take your dose as soon as possible, unless it is almost
time for your next dose. In this case, your missed dose should not be taken. A double dose should not be taken to make up for any missed dose. You should take GLEEVEC with a meal and a large glass of water.

Do not take any other medications without talking to your doctor or pharmacist first, including over-the-counter medications such as Tylenol® (acetaminophen); herbal products (St. John’s wort, Hypericum perforatum); or prescription medications including Coumadin® (warfarin sodium); rifampin; erythromycin; metoprolol; ketoconazole; and Dilantin® (phenytoin). Taking these with GLEEVEC may affect how they work or affect how GLEEVEC works.

You should also tell your doctor if you are taking or plan to take iron supplements. Patients should also avoid grapefruit juice and other foods that may affect how GLEEVEC works.

Tylenol (acetaminophen) is a registered trademark of McNeil Consumer & Specialty Pharmaceuticals, a division of McNeil PPC, Inc. Coumadin (warfarin sodium) is a registered trademark of Bristol-Myers Squibb Company. Dilantin (phenytoin) is a registered trademark of Parke-Davis, a division of Pfizer Inc.

Please see accompanying full Prescribing Information, which includes a more complete discussion of the risks associated with GLEEVEC.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.